

	Activities	Music
Monday	Sr Aerobics 9am	Larry Worthy - Guitar
	Bingo 1pm	
Tuesday	Yoga 9am	Gary Hindman - Piano or Larry
	Pins & Needles 10am	Blood Pressure Clinic 10:30am - Last
	Choir Practice (Sept-July)	NCOA Board Meeting 2nd 1pm
Wednesday	Sr Aerobics 9am	Sr Jammers 1st & 4th
	Hand & Foot 1pm	Larry - 2nd
	Pinochle 1pm	Bob Comstock or Larry 3rd Wed
	Grief Counseling 10am	Louise Lough - Piano 5th
Thursday	Yoga 9am & 10am	Legal Clinic 10am - 4th
	Tai Chi 10am 3rd Thurs only	Larry Worthy - Guitar 1st & 3rd
		Easy Pickins - 2nd
	Misc Game Day 1pm	Phyllis Kingston 4th & 5th
Friday	Sr Aerobics 9am	Larry Worthy - Guitar 1st, 2nd, & 3rd
	Tai Chi 10am [1st, 2nd, 4th 5th]	Louise Lough (4th if there are 5)
	Hand & Foot 1pm	Foot Clinic 3rd 10:00-4pm
	Pinochle 1pm	Sr Goldmine 4th